

**EBO Restaurant Breakfast Menu**  
**Spring 2009**

**Deluxe Breakfast Buffet**

Homemade Buttery Pastries & Deli Bagels  
Assorted Cold Cereals  
Organic Granola & Berry Yogurt Parfait  
Hot Oatmeal  
Fresh fruit  
Yogurt  
Chef Attended Omelet Station  
Eggs made to order  
French toast  
Bacon & Sausage  
Hash Browns  
Eggs Benedict  
BC Hothouse Tomatoes

**Includes**

EBO regular & Decaffeinated Coffee & Tea

\$24

**Complete Breakfasts**

**Delta Canadian Classic**

Two Organic Free Range Eggs Any Style  
Potato Hash  
Bacon, Sausage or Ham  
Toast with Fruit Preserves  
Coffee or Tea

\$20

**West Coast Seafood Omelette**

Baby Shrimp, Crab and Avocado  
Pesto Potato Hash  
Toast with fruit preserves  
Coffee or Tea

\$16

**Delta Continental Breakfast**

Fresh Muffins, Croissant, Danish, Scone, or Toast (2 pieces)  
Creamery Butter & Preserves  
Coffee or Tea

\$15

## **Breakfast Specialties**

### **Steak and Eggs**

(Includes Choice of Toast with preserves)  
6 oz. AAA Strip Loin Steak  
2 Basted Free Range Organic Eggs  
Potato Hash, Sautéed Mushrooms & Grilled Tomatoes  
Red Wine Jus  
\$23

### **Green Eggs and Ham Breakfast Sandwich**

2 Fried Free Range Organic Egg  
Honey Ham, Roasted Tomato  
Basil Pesto Spread  
Aged Cheddar Cheese  
Potato Hash  
\$16

### **Corned Beef Hash**

(Includes Choice of Toast with preserves)  
Served with 2 Free Range Organic Poached Eggs  
Bell Peppers, Lemon & Tarragon Aioli  
\$16

### **Belgian Waffle**

Warm Fruit Compote, Sliced Strawberries  
Whipped Cream  
Canadian Maple Syrup  
\$14

### **Brioche French Toast**

Banana- Pecan Streusel  
Caramel Sauce  
\$13

### **Buttermilk Pancakes**

Choice of Plain, Blueberry, or Chocolate Chip  
Canadian Maple Syrup  
Confectioners Sugar  
\$14

## **Eggs Benedict**

### **Traditional Benedict**

Choice of Canadian Back Bacon, or Smoked Salmon  
2 Poached Free Range Organic Eggs  
Toasted English Muffin  
Potato Hash  
\$18

**Vegetarian Benedict**

Sautéed Spinach and Mushrooms, Roasted Tomato  
Onion and Herb Scone  
2 Poached Free Range Organic Eggs  
Sauce Pistou  
\$16

**“Healthy” Starts**

**Healthy Start Breakfast**

Cottage Cheese with In-house Fresh Fruit Salad  
Low Fat Apricot Zucchini Muffin  
Citrus Soy Smoothie  
\$16

**Granola, Dried Fruit and Yogurt Parfait**

\$13

**Egg White Omelette**

(Includes Choice of Toast with preserves)  
Bell Peppers, Tomato and Scallion  
Fresh Fruit  
Artisan Turkey Sausage  
\$17

**Whole Grapefruit Brulee**

Blueberry Gastrique, Honey & Yogurt Smoothie  
\$12

**Small Plates**

**Organic Free Range Eggs (Any Style)**

Potato Hash and Toast with Fruit Preserves  
One Egg \$ 10  
Two Eggs \$ 14

**Bacon, Black Forest Ham or Artisan Turkey Sausage**

\$ 8

**Potato Hash**

\$ 6

**Grilled Hot House Tomato**

\$ 5

**Smoked BC Salmon on a Deli Bagel**

Lemon- Tarragon Cream Cheese, Capers, and Red Onion  
\$14

## **Cereal & Fruit**

### **Cold Cereals**

(2 Boxes)

\$ 6

### **Warm Flax Seed Oatmeal**

Dried Fruit, Brown Sugar, and Skim Milk

\$ 7

Add Seasonal Berries on top for

\$ 4

### **Honey, Granola and Yogurt Parfait (Small)**

\$ 8

### **Cottage Cheese with Strawberries**

\$ 14

### **Seasonal Sliced Fruit and Berries**

\$ 10

### **Orange and Grapefruit Segments**

\$ 8

### **Plain or Fruit Yogurts**

\$ 6

## **Bakery Basket**

Served with Butter or Margarine and Fruit Preserves

### **Assorted Toast**

(White, Whole Wheat, Multigrain, Sourdough or Rye)

\$4

### **Fresh Baked Muffins, Croissants or Danishes**

(2 Pieces)

\$5

### **Plain or Multigrain Bagel Served with Cream Cheese**

(1 Piece)

\$5